

## Person-centered Plan

## Pre-Plan

**\*Who should be at the pre-plan?**

The individual, their spokesperson (if needed), independent facilitator, and community mental health personnel.

**\*How long is a typical pre-plan?**

With the right people at the pre-plan this should last about 30-45 minutes

**\*What will we talk about?**

The following information should be discussed and decided on at your pre-plan

- When the meeting will be (dates and times preferable and comfortable to the person and those closest to him/her)
  
- Where the meeting will take place (locations selected are comfortable for the person and those closest to him/her and not for the convenience of others)
  
- What topics will be discussed and want to be discussed by the consumer?
  
- What are topics that will not be discussed because they would make the person uncomfortable?
  
- Who will be invited? (people should be invited who are desired or required)
  
- Who will take notes?
  
- Who will invite individuals to this process?
  
- Will augmentative communication/assistive technology/visual supports be available if needed?
  
- How will we know if the person is uncomfortable with the discussion about the pre-plan