Person-centered Plan

Pre-Plan

*Who should be at the pre-plan?
The individual, their spokesperson (if needed), independent facilitator, and community mental health personnel.

*How long is a typical pre-plan?
With the right people at the pre-plan this should last about 30-45 minutes

*What will we talk about?
The following information should be discussed and decided on at your pre-plan

- When the meeting will be (dates and times preferable and comfortable to the person and those closest to him/her)

- Where the meeting will take place (locations selected are comfortable for the person and those closest to him/her and not for the convenience of others)

- What topics will be discussed and want to be discussed by the consumer?

- What are topics that will not be discussed because they would make the person uncomfortable?

- Who will be invited? (people should be invited who are desired or required)

- Who will take notes?

- Who will invite individuals to this process?

- Will augmentative communication/assistive technology/visual supports be available if needed?

- How will we know if the person is uncomfortable with the discussion about the pre-plan?