

# Consumer Voice Part II Statement of Interest Form

Name \_\_\_\_\_

Address \_\_\_\_\_

City \_\_\_\_\_

State \_\_\_\_\_

Zip \_\_\_\_\_

Phone \_\_\_\_\_

2nd Phone \_\_\_\_\_

Email \_\_\_\_\_

**How did you hear about this  
program & why does it interest  
you?**

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Complete and Return to Arc, Thank You

Supported by HealthWest



May 2017



*Serving people with intellectual  
and developmental disabilities  
and their families since 1952*

## **Consumer Voice: Part II**

**An opportunity to grow in  
self-advocacy – It Matters!**

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*Affiliated chapter of The Arc of the  
United States*

accredited by



## Consumer Voice Part II

The purpose of Consumer Voice Part II is to help individuals with intellectual and developmental disabilities, who may or may not be receiving services with HealthWest, to grow in their self-advocacy capabilities. This comprehensive program was created to build upon the foundation established by the original Consumer Voice program, which The Arc initiated in 2002. That program was effective in moving the needle for self-advocates by facilitating the representation of consumers on various HealthWest committees. The redesigned program will expand that effort by helping individuals to pinpoint and participate in activities that they are interested in and that will contribute to their growth in areas of self-advocacy.

- **Do you want to learn more about topics and activities of interest to you?**
- **Do you want to learn how to share your opinions and speak up about what is important to you?**
- **Would you like to make a difference?**
- **Would you like to meet people and learn at the same time?**

If yes, then Consumer Voice Part II is for you!

The Process begins by filling out the attached statement of interest. The program coordinator will contact you to set up an initial meeting where an interview and personal profile will be completed. You and the program coordinator will discuss options for participation and make a plan for participation.

## What to Expect

- 1) Orientation and on-going training
- 2) Options, schedules and reminders
- 3) Assistance with transportation, if needed
- 4) Monthly check-in appointments
- 5) Stipends when appropriate
- 6) On-going support/assistance
- 7) Coffee Hours
- 8) Quarterly reports to HealthWest submitted by the program coordinator

### Steps

- 1) Complete back of this brochure
- 2) Orientation with Coordinator
- 3) Complete application and profile
- 4) Begin your personalized participation

### What is Self-Advocacy?

Self-advocacy on the individual or systems level is acting with or on behalf of yourself or a group to resolve an issue, obtain a needed support or service or promote a change in the practices, policies and/or behaviors of third parties. Self-advocacy is essential for promoting and protecting the civil and human rights of people with intellectual and/or developmental disabilities<sup>1</sup> and for establishing, maintaining or improving their quality of life.