

## What Is Person-Centered Planning

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In 1995, the Michigan Mental Health Code established a right for all individuals receiving services to have their Individual Plan of Service developed using the Person Centered-Planning process. This process allows the individual to express their preferences, choices and abilities in order to build upon their capacity to engage in activities that promote community life. The Person Centered Planning process involves those who are closest to the individual, such as family members and friends, as well as professionals.

### How Do I Get A Facilitator?

Prior to your person centered plan your supports coordinator is required to ask you if you would like to have an Independent Facilitator. If so, your supports coordinator will contact a trained facilitator by calling The Arc Muskegon at (231) 777-2006 or the Lakeshore Regional Entity at (231) 769-2050. Please allow 2 weeks for scheduling purposes.

For More Information on  
Independent Facilitation  
Please Contact:

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The Arc Muskegon  
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231-777-2006  
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(231) 769-2050

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## Person Centered Planning Independent Facilitation

A Guide for Consumers  
and Families



## Independent Facilitation

The Arc Muskegon contracts with the Lakeshore Regional Entity (LRE) and they also provide us training and technical assistance.

The LRE actually has a pool of regional independent facilitators to allow for choice, if needed. The facilitators are trained in the Person Centered Planning (PCP) process and implementation and are knowledgeable on how meetings are to be run.

All information shared with a facilitator is confidential.



## What does an Independent Facilitator Do?

An Independent Facilitator helps you plan your Person Centered Planning meeting. They will

- Learn about you
- Assist you with arranging your meetings (inviting those you have chosen, where and when you would like to have your meetings—Pre Plan and PCP)
- Guide the PCP meeting/ Advocate for you
- Focus on your needs, dreams and goals
- Make suggestions/help prioritize and ask questions to spark discussion and ideas.
- Follow-up as needed

## What Makes A Good Facilitator?

A good facilitator is a person who:

- Listens to you
- Supports you
- Encourages all to participate
- Knows about Person Centered Planning
- Gathers ideas to help you plan

Extra!!

Stay informed and connected to The Arc by receiving mailings/ invites to events and activities hosted by The Arc Muskegon.

Visit our website at:  
[www.arcmuskegon.org](http://www.arcmuskegon.org)

