

The Arc Muskegon Mission Statement

The mission of The Arc Muskegon is to provide advocacy, education and support services to people with intellectual and developmental disabilities and their families and actively support their inclusion, equality and participation in the community.



January 2021

Volume 21 Issue 1

The Arc Muskegon Calendar is published monthly by The Arc Muskegon - 601 Terrace St., Suite 101, Muskegon, MI 49440 (231) 777-2006 January Editor: Allison Revell

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Sun	Mon	Tue	Wed	Thu	Fri	Sat
Resource of the Month Michigan Alliance for Families—works to empower families of children (birth to age 26) with disabilities to know their rights, effectively communicate their children's needs, and find information to help their child develop and learn. (Grant managed by The Arc MI) 1-800-552-4821 www.michiganallianceforfamilies.org				YEAR'S GVE	1 Happy New Year! Arc Office Closed New Year's Day	Muskegon Winter Farmer's Market Saturdays Only 9:00am— 2:00pm 242 W. Western Ave B
2 © WEL	21 COME	5 Learn about the Volunteer for Dental program where your vol- unteer time can earn you free basic dental ser- vices. 231-773- 1360	6	Thursday afternoons are FREE at the Muskegon Museum of Art!! 11am-4pm B	8 Practice family drills. Make sure everyone in your family knows what to do in case of a fire or weather emergency!	9 Second Saturdays at Lakeshore Muse- um Center 430 w. Clay Ave.12pm-4pm Many activities will occur
10	11 FEEDING AMERICA Mobile Food Pantry Laketon Bethel Reformed 1568 W. Giles 49445	12 New Directions classes offered by Love INC. topics are: budgeting, life skills, and family life. Call 231-773-3448 for more information	Feeding America Food truck at Muskegon County Sheriff's Dept. 990 Terrace St 49442 10am	14	15 FEEDING AMERICA Mobile Food Pantry Fifth Reformed Church 2330 Holton Rd 49445 10am	Mobile Food Pantry Supper House 2500 Jefferson 49444 10am
Warman San San San San San San San San San S	DREAM Martin Luther King Jr. Day	Sign up for The Arc E-news! Informative and easy to share with others! Just click send. Call 777-2006	To apply for Health West Services Call ACCESS 720-3200	21 For information on Leisure and Recreation Club (LARC) call 231-773-5355 extension1235 or 1216 Pioneerre-sources.org PIONEER RESOURCES	22	23 FEEDING AMERICA Mobile Food Pantry Harbor of Grace Lutheran Church 540 Houston Ave. 49441
National Mot chocolate Day 31	Arc offers Representative Payee Services for adults with I/DD. Call 231-777-2006	26 Visit https:/ www.madl.org/ for digital re- sources and rent- als available through Mus- kegon Area Dis- trict Library	27 The Public Health department offers several educational and informational sessions. Call 231-724-6350 for more information and to request a program.	Winter Safety Tips Warm up your muscles before shoveling. Dress in layers	29 MDHHS offers a statewide, peer-run warmline for Michiganders with mental health conditions during the-COVID-19 Pandemic The warmline will operate seven days a week from 10 a.m. to 2 a.m. at 888-PEER-753 (888-733-7753).	30 Visit us at arcmuskegon.org The Arc. Muskegon